



EGD INSTRUCTIONS

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☐ Gregory Brennan, MD

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Procedure Date: _____ Arrival/Check-in Time: _____

PLEASE BE AWARE THAT THIS TIME IS SUBJECT TO CHANGE

☐ Mansfield
Endoscopy Center
647 N Miller Rd
Suite 100
Mansfield, TX 76063
Phone: 817-415-9670

☐ North Richland Hills
Endoscopy Center
7640 NE Loop 820
North Richland Hills, TX
76180
Phone: 469-713-3740

☐ Mansfield Methodist
Medical Center
2700 E Broad St
Mansfield, TX 76063
Phone: 682-242-2000

☐ Baylor Surgicare at
Mansfield
280 Regency Parkway
Mansfield, TX 76063
Phone: 817-453-2744

☐ Medical City
Arlington
3301 Matlock Road
Arlington, TX 76105
Phone: 682-509-6200

☐ THR Hospital
2300 Lonestar Rd
Mansfield, TX
76063
Phone: 682-341-5000

NOTHING to eat or drink after midnight prior to your EGD. You should take your regular medications with a small sip of water the day of the procedure unless otherwise instructed by your doctor. Do not take your medications for GERD on day of procedure.

You will need to stop NSAIDS and arthritis medication 5 days before your EGD. This will include Advil, Motrin, Naproxen, Celebrex, Mobic, Excedrin and Glucosamine. You may take Tylenol ONLY.

IF you are on a blood thinner or anticoagulant such as Pradaxa (dabigatran), Eliquis (apixaban), Xarelto (rivaroxaban), Coumadin (warfarin), Plavix (clopidogrel), Effient (prasugrel), Brilinta (ticagrelor), **you will need to obtain guidance from your prescribing physician and will most likely need to hold prior to the exam.**

You MUST stop taking phentermine/amphetamines (Adderall and Vyvanse) 3 days prior to your procedure.

You MUST stop all diet pills and injections, dietary supplements and herbal supplements 7 days before your EGD. This will include St. John's Wart, Gingko Balboa, Ginseng, Metabolife, Herbalife, Metloean, Fenfluramine, Phenylpropanolamine, Phendimetrazine, Semaglutide (Ozempic, Wegovy), Mounjaro (Tirzepatide), Dulaglutide (Trulicity), Liraglutide (Victoza, Saxenda), Semaglutide (Rybelsus).

You will be in recovery for 30-45 minutes after the exam. Average total time at the facility is around 2-3 hours. Someone must drive you home. You may not use Uber, Taxi or Lyft. You will receive specific instructions about eating, activities, and medications before you leave. If you would like your driver to speak with the physician after the procedure, they will need to be in the waiting room during your exam so the doctor can talk with them after.

**Please call if you have any questions.
817-760-7969 opt. 2**

Scheduled by _____ Ext. _____